# GLORIA REGIS

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#### Mission

To make a positive impact on the world one smile at a time.

#### Vision

To improve dental care by becoming a highly skilled general dentist, mentoring dental students and newly graduated dentists, and by volunteering in low income communities.

# **EDUCATION**

#### UNIVERSITY OF DETROIT MERCY

Detroit, MI

### College of Engineering and Science

Bachelor of Science, May 2023

Major in Biology & Minor in Leadership, May 2023

• Overall GPA: 3.71/4.00

• Science GPA: 3.56/4.00

University Science Courses

 Physics / Biology / Chemistry / Biochemistry / Organic Chemistry / Genetics / Biostatistics / Comparative Anatomy / Microbiology / Physiology / Histology / Immunology

# **WORK EXPERIENCE**

# 2017-PRESENT DR. JOHN REGIS, DDS - 2100 hours

Clinton Twp, MI

# **Dental Assistant & Office Manager**

I started working as a dental assistant for my father's dental office in 2017. As a dental assistant I clean and disinfect the clinical rooms and sterilize instruments between patients. Being an assistant has given me the opportunity to build relationships with patients by seeing them over the length of their procedure. I have helped with the creation of crowns using a Cerec machine. For example, a patient came in with dental imperfecta, and we transformed their smile completely with crowns. Also, I have assisted with extractions, root canals, fillings with both amalgam and composite material, preparations and deliveries of partials & dentures, cleanings, and crowns placed on implants.

Along with dental assisting, I started as an office manager for the practice in the summer of 2023. As an office manager, I answer phone calls, process payments, manage the schedule, and make sure the office is running smoothly. I learned from the previous office manager who has worked in the field for over 30 years. She taught me how to process insurance and go over benefits with patients. Along with teaching me practical skills, she also taught me the appropriate ways to approach patients and the rest of the work team. In this position, I have found that dentistry involves a team with the staff, office maintenance, finances, insurance, patients, procedures, *etc.* 

#### 2019-2023 UNIVERSITY RECREATION - 1365 hours

Detroit, MI

# **Fitness Employee**

As a Lead at University Recreation, I ensured that the students were having a great experience by supervising staff members and cleaning equipment. I was stationed at 3 different places: front desk greeter, Tommy's barista, and upstairs desk. Working at the front desk, I greeted people coming in with a smile and answered any questions. As a barista, I made smoothies, coffee, and other drinks. Upstairs, I cleaned the equipment and answered any questions about the weight machines. I also worked as a finance lead and worked on creating easy to input excel documents to track income.

#### BED BATH AND BEYOND

Chesterfield, MI

#### Cashier

While working at Bed Bath and Beyond, I contributed to the company's earnings by persuading customers to buy counter items along with their regular purchase. I also used communication techniques during phone calls with angry customers by staying calm and passing the call to someone more experienced when I could not answer a question.

2019

# 2018 REAL ESTATE ONE

Clinton Twp, MI

### Receptionist

Working at a real estate office allowed me the opportunity to help agents increase their production rate by helping send out over 1000 advertisement letters. I also increased positivity and provided a welcoming environment for business meetings by offering guests beverages and starting conversations.

# SHADOWING EXPERIENCE

#### 2024 SOUTH LYON ORTHODONTICS - 8 hours

South Lyon, MI

#### Shadower

Dr. Renée Geran runs an orthodontic practice in South Lyon and has a team of assistants who work alongside her. Shadowing at an orthodontic practice taught me how diverse the dental field is. Being in the practice, it felt completely different than a general dental practice. Patients are generally at the office anywhere between 6 months to a few years. Dr. Geran focuses on how to make a smile transform for a patient and with that, works alongside oral surgeons if jaw surgery is needed for a case. The patients tend to be younger. When I shadowed, the patients were around 14 years old. Also, there is a lot of paperwork that is filled out and is sent over to general dental offices to make sure there is a good line of communication established. I am grateful to see another side of dentistry to be able to learn more about the complexities of the field.

#### 2024-PRESENT

# **MARLOW FAMILY DENTAL - 4.5 hours**

Warren, MI

#### Shadower

Marlow Family Dental office is run by both a wife and a husband dentist. I had the opportunity to shadow Dr. Christopher Gorecki. During my time at the office, I was able to see three cleaning appointments, one crown prep, and one adjustment on a flexible partial. I also saw the family dynamic that the office had as well as the friendly approach that Dr. Gorecki had with the patients. When he numbed the patients, he would distract them with conversation and shake their lips to distract the patient from the injection. I am excited to continue shadowing at the office to observe more of the calming nature of the office.

#### 2020-2023

# DR. RENATA OLEJNIK DDS - 57 hours

Troy, MI

#### Shadower

At Dr. Renata Olejnik's office I was able to experience how Polish culture can be integrated into a dental office. Dr. Olejnik came from Poland to attend dental school in the United States, and then opened her own practice. By utilizing her fluency in the Polish language, she has had the opportunity to treat the large Polish speaking immigrant population in her area, greatly increasing access to care.

#### 2019-2022

# **GIULIANO & GIULIANO DDS - 56 hours**

Algonac, MI

#### Shadowei

Giuliano & Giuliano DDS is a family owned dental practice with husband and wife, Dr. Anthony and Dr. Karla Giuliano, working together. They work on alternate days because of limited office space and complement each other by doing different procedures. I shadowed Dr. Karla Giuliano and assisted during some of the procedures. I learned that nitrous oxide is used to help patients feel more calm and comfortable especially if the patient has a dental phobia. I also learned that silver diamine fluoride stalls decay on a tooth and is commonly used in mobile dental clinics to help low income patients.

#### 2020-2022

# **CHINA TOWNSHIP FAMILY DENTISTRY - 56 hours**

China Twp, MI

# Shadower

China Township Family Dentistry is a rural based family dental office. Because of the location, I was able to see a different side to dentistry. While shadowing Dr. Anthony Giuliano, a patient came in and was explaining that they used beeswax to protect the exposed root because their crown fell out. This was a new experience as I am used to seeing patients come straight to the dental office instead of temporarily fixing the problem themselves. I also witnessed a situation where a woman fainted. The entire office stepped in to help, which showed me the importance of an office working as a team.

# ADDITIONAL EXPERIENCES

# 2024-PRESENT Malta Dental and Medical Clinic - 24 hours

Detroit, MI

#### Volunteer

Malta Dental and Medical Clinic is a charitable organization that provides free dental and medical care to patients with no insurance and patients who are low income with medicaid. This is important because Malta Dental provides access to care where patients may not have the ability to pay for needed dental procedures. So far, I have learned about how to set up the rooms for fillings, extractions and cleanings, as well as how to take a patient's glucose levels and blood pressure. I am excited to continue to volunteer and help increase access to dental care.

#### 2021-PRESENT BAY-RAMA FISHFLY FESTIVAL - 61 hours

New Baltimore, MI

#### **Volunteer/Committee Member**

The Bay-Rama organization is a volunteer based company that hosts events in downtown New Baltimore and funds local projects to enhance the community. In 2021, I started to get involved with the organization as I volunteered for their Fish Fly Festival. From there, I attended committee meetings and have helped to set up the yearly festival along with a Christmas Tree Lighting. These events bring in over 1000 attendees. While I was a part of the committee, Bay Rama has also been able to renovate the park to be more handicap accessible. We are currently working on adding a speaker system downtown and preparing for the 2024 Fish Fly Festival.

# 2023 STEP UP PROGRAM - 5 hours

Hamtramck, MI

#### Volunteer

The step-up program allows individuals a chance to gain leadership skills. I had an opportunity to volunteer in the step-up program during my senior year with 3 colleagues and I at Dickinson West elementary school and mentor underprivileged students. We began the first session with a game; however, this resulted in the children wanting to continue to play it the entire time. To prevent distraction during our next session, we changed the order of activities to help the students focus on the leadership concepts we were teaching. This experience taught me the importance of adaptability.

### 2019-2023 STUDENT GOVERNMENT ASSOCIATION - 125 hours

Detroit, MI

#### Chief of Staff & Secretary & Biology Senator

Student Government Association (SGA) is a club that works to advocate for students. During my freshman year, I took initiative to help students' voices be heard as the biology senator. As a result, I was appointed Secretary of SGA during my second semester. I wanted to make a bigger difference, so I ran and was appointed to Chief of Staff. In this position, I worked with high level officials for UDM including the President and the Dean of Students to enhance student experiences. Also, I held office hours for students to voice concerns or offer comments about Detroit Mercy. I was involved in activities like the On-Campus Graduation Celebration at UDM, while also working with the events committee to revamp and create more events in the future.

# 2021-2023 UNIVERSITY MINISTRY - 50 hours

Detroit, MI

## **Volunteer Tutor**

University Ministry partnered with Loyola High School and La Casa Guadalupe to create a tutoring program. In the fall of 2021, I began tutoring young men at Loyola. While tutoring, they asked for headphones and a writing utensil due to a lack of resources. Seeing what they went through compelled me to continue with the tutoring program during the Winter 2022 semester. This semester, I tutored for La Casa. As I tutored over zoom, the students became easily distracted, so I incorporated games into the learning to keep their attention.

#### 2019-2023 **CRU - 47 hours**

Detroit, MI

### Member

CRU is a multi-ethnic community to help students know and follow Jesus Christ. Within CRU I was involved in worship and various conferences. I volunteered at the Send Me conference to share Jesus Christ with the Detroit community. I went to houses in Detroit where we handed out boxes of food. I enjoyed my first experience with evangelizing when I talked about my faith and prayed with the families at the houses. I also attended the Winter Conference where I prayed, sang, and attended meetings to improve my spirituality and overall self.

# 2019-2022 UNIVERSITY OF DETROIT MERCY SCHOOL OF DENTISTRY- 84 hours Detroit, MI

#### Researcher

As an undergraduate researcher, I studied how hand-held X-ray devices (HDX) are used and the radiation that is emitted from the device. I created a survey and sent it out to all the dental schools in the United States to distribute to graduate students. The aim of the survey was to see the students' perspective and their education on HDX's. We then analyzed the data and worked on writing a systematic review. This information was researched to see how dental schools should teach this information in schools.

# 2021-2022 FILTER OF HOPE WITH CRU - 33 hours

San Jose, Costa Rica

#### Volunteer

Filter of Hope sends volunteers around the world to install water filters. A club I am in (CRU) partnered with Filter of Hope to send students to San Jose, Costa Rica. To prepare, I gathered support by creating a donation link as well as reaching out to family and friends. Then in Costa Rica, I went into a small community to help install filters. Talking with the locals made me realize that we may have flown all that way to help install water filters, but there are many other needs in the community.

# 2017-2024 DENTAL CONFERENCES

#### Attendee

From 2017 on, I have attended over 4 dental conferences to help prepare me for my future dental career. In 2017, I attended the FDI World Conference, where I talked to dentists from all around the world. In 2022 & 2024, I attended the Go Dental event in Philadelphia and the Go Dental Conference in New Orleans to gain more insight into dental school. I also attended the Michigan Dental Association meeting in 2022 & 2024. In 2022, I listened to Dr. Gupta speak about "Achieving Extraordinary." I was able to gain new techniques on how to have a productive and happy dental team. In 2024, I attended a lecture from Dr. Gordon Christensen. The course, The Christensen Bottom Line, taught me more about the innovation of implants like mini-implants and their use in the dental field. It also taught me the importance of buying the correct materials from trusted suppliers. If your bonding agent is a little bit off, then that can result in a crown or restoration falling out.

# 2019-2021 PRE-DENTAL STUDENT ASSOCIATION - 19 hours

Detroit, MI

#### Member

As a member of the Pre-Dental Student Association (PDSA), I attended the meetings and learned various information about dental school and the field of dentistry. Being a part of PDSA has allowed me to listen to students who are and have attended dental school. I also had the opportunity to be more involved in the dental field through a suturing event at UDM Dental School. At this event, I was able to make an incision in a cadavers leg and then suture the incision.

# **HONORS**

#### 2019-2022

# **DEAN'S LIST**

During my time at Detroit Mercy, I was honored to be on the Dean's List for the Fall 2019, Winter 2020, Fall 2020, Winter 2021, Fall 2021 and Fall 2022 semesters. I was in good standing for my remaining semesters. My overall GPA is a 3.71 with a 3.56 science GPA. I worked on achieving my best every semester by setting time aside to study.

# 2021 STRATEGIC PLANNING IMPLEMENTATION TASK FORCE

I was appointed to the Strategic Planning Committee by the Dean of Students under the University of Detroit Mercy for being involved in leadership positions and change on campus. I was appointed under the committee that worked to promote high-quality teaching, advising and mentorship. I attended various meetings discussing ways to better the communication and quality of professors. I made my voice heard by speaking up to allow professors and academic advisors hear a student's perspective. Listening to the rigorous requirements that professors have for hours and mentorship increased my appreciation for their dedication to the field.

#### 2021 FINANCE LEAD

I was promoted to finance lead for University Recreation by the Director of University Recreation, Deanna Blevins. Weekly, I was in charge of accounting and financial management for Tommy's café (a food service option for students inside the fitness center) and funds from the front desk for sports equipment. I communicated with UDM's Student Accounting department to deposit and track funds. I also communicated with organizations outside of UDM in regards to ordering food for the café or repairing sports equipment. This position required mathematical computing and accuracy as the numbers needed to be correct, as well as, honesty and integrity while handling orders and repairs.

# 2021 PUBLICATION IN MSTA JOURNAL

During my time in General Chemistry Laboratory 1, I had the opportunity to perform different laboratory experiments. Two of them were published in the MSTA Journal: "Alcohols and water lab, volume contraction" and "The Tyndall Effect: Using Common, Inexpensive Household Materials to Produce and Study the Effect of Spreading Light." Both experiments were guided by Dr. Benvenuto.

#### 2020 ADVENTURE SERIES LEAD

At the University Recreation, I worked with my colleague to create events for Detroit Mercy students. We originally planned on having events such as biking, an adventure course, and kayaking. However, the pandemic stalled these plans so we needed to look into things where we could social distance and have a group. We decided to host an adventure series at Rising Phoenix Archery. We gathered a group of students together and played archery to take a break from studying.

# EMPLOYEE OF THE MONTH

I worked hard to make patrons feel welcome like offering to give them a tour and was able to explain everything that the facility offers. As a result, I was honored to be Employee of the Month in February of 2020 at University Recreation.

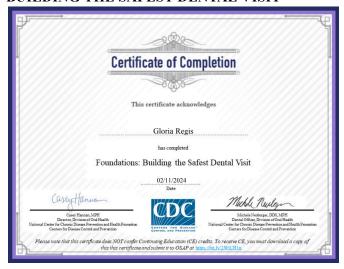
# LICENSES 2024

2020

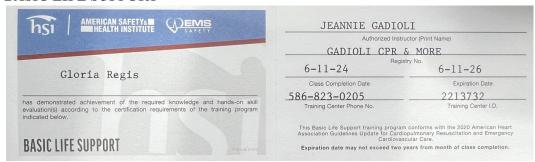
# **OSHAcademy HIPAA Privacy Training**



## 2024 BUILDING THE SAFEST DENTAL VISIT



# 2022 BASIC LIFE SUPPORT



# 2020 CITI PROGRAM



Verify at www.citiprogram.org/verify/?wa4de3d8c-83a2-41ec-855d-d91eaa635b77-36753166

# 2019 DENTAL RADIOGRAPHER

# **Certificate of Completion**

This certifies that

# Gloria Regis

Has successfully completed The Michigan Dental Association's Training Program for the Dental Radiographer, including sections on cephalometric and panoramic X-rays, as administered by

John Regis John F Regis DDS, 36375 Harper, Clinton Township MI 48035 Signoff Date: 08/09/2019

If you need additional confirmation you can contact the Michigan Dental Association at 1-800-589-2632Validation Code: 42769-42771